

CHAPEL ALLERTON RUNNERS **COMMITTEE MEETING - AGENDA**

DATE OF MEETING: 15th June 2015

Next Meeting: TBC 13th July

Present: Lora Hughes
Donna Russell

Rob Baxter
Dave Allison

Kath Owen

Apologies: Dan Price
Chris Hare

Lizzy Scott
Chris Easton

Bex Forster
Bekki Wheatley



1. FINANCES

Opening balance at 30th April 2015 was £2,858.40

Closing balance at 31st May 2015 was £3,756.93

Various cheques sent out as yet uncashed. Unattributed cash is around £2,000 (minus coaching cheques).

ACTION: DAVE – to change Treasurer to Rob on EA website.

2. MEMBERSHIP UPDATE

Second batch of renewals submitted to EA - the chasing was worth it as it brought some out of the woodwork.

Just over 70 confirmed and paid up renewals. 20 to be resigned imminently.

4 new joining since last meeting: Crompton, Hembra, Keighley, Walmsley.

Quite a few beginners have expressed interest in formally joining.

Membership form and info has been updated.

3. KIT

Currently £944.43 of stock held. 6 hoodies, one T-shirt, one vest sold since last meeting. 3 more hoodies reserved.

ACTION: There is low stock on vests and short sleeved shirts. **DAVE and BEX** to look at other manufacturers to see if kit with the traditional club colours could be resourced.

4. MEMBER OF THE MOMENT

None.

5. GENERAL TRAINING AND COACHING

a) Weds nights

New routes have been published. Need to reorganise order slightly over next few weeks to account of local races and beginners transition. See end of page for decisions.

Loop backs to start from this Wednesday.

Need to buy small scale equipment to do warm ups on Mondays and Wednesdays. Balls, running ladders, bean bags, batons, small cones. Approx £200.

ACTION: DONNA to order so can start asap.

b) Coaching – Lucy Hack attended speed session at Temple Newsam on 8th June, feedback was it was great to have her attend and would like more sessions.

Dave and Adam did Assistant Coach EA course this weekend. Very good, would recommend.

ACTION: LIZZY to ask Lucy if can book in for once a month.

ACTION: LIZZY to continue discussions with Beckett and Allerton Grange. **BEX** to collate feedback from Monday night attendees with regard to suggestions for training and what worked well.

ACTION: DAVE will chase Bob Jackson for renewal of costs.

ACTION: KATH and LORA to submit DBS confirmation online for Lora and Dave.

6. FORTHCOMING RACES, EVENTS, AND SOCIALS

- a) CLUB TRIP – accommodation has been sourced. 22 attending, 3 x 6 person, 1 x 5. Committee to sort out who is sharing.
- b) TUES 30th JUNE DANEFIELD RELAY. People sign up and choose teams amongst themselves.
- c) BBQ SUNDAY 19th JULY – committee agreed to host a BBQ and Old School sports day subject to availability at Gledhow social. Bleep test beforehand.
ACTION: KATH to do event, email, Facebook etc.

7. CLUB CHAMPS

Details of the Club Championship are behind schedule. Chris E and Denise have offered to help out. Ask Denise as Chris is already doing the new routes. The biggest job is going back and hunting down the results, especially Pool A. Once that's done it should be easier to keep on top of.

ACTION: DONNA to ask Denise to update Champs and publish on website once have spreadsheet from Dan. Chris E to assist.

8. LINKS / POINTS TO RAISE WITH GLEDHOW SPORTS AND SOCIAL CLUB

Kath attended the Gledhow Social Club AGM. CAR mentioned in positive terms several times. In the general discussion Kath raised two issues on behalf of CAR:

- Card machine in the bar to be competitive with other local bars
- Improvements in the kitchen. We make £80 profit on a food social night but can't prepare it in the club. Think what we could do with better facilities. This linked into the bacon butties debate from footballers.

Some frustrations was expressed from the floor about a range of issues that different groups of users have. E.g. some drinkers would like a wider range of drinks and cheaper prices, football teams would like the clubhouse to be open on a Sunday morning when they have dozens of parents who have to wait in the car-park, they would like hot drinks and butties from the kitchen, there is sometimes conflict between bookings and members' use of areas of the clubhouse.

Paraic Russell (Treasurer) made a presentation about the highlights of the last year and the challenges coming ahead.

Challenges:

1. Small financial surplus (£4k for year)
2. Poor winter impacted on events
3. Function bookings - are key income stream but not as many bookings as needed
4. Underuse of club at certain times: Tues, Thurs, Daytime
5. Overdraft
6. Commitment challenges (I think this was 'people to do stuff')
7. Funding

Highlights:

1. Family Fridays - these have been a key way to get people in (BBQs, karaoke etc)
2. Chapel Allerton Runners inc our PECO event
3. Changing rooms renovation
4. Increased revenue (from range of new activity)
5. Revised opening times to better meet demand
6. Balanced books
7. Break out groups (not sure what this was)
8. NYE Party

Looking to the future, there are a number of goals that the Committee have set:

- Financial sustainability, this is not secure

- Meeting the community purpose
- Increase family memberships
- Win some grants and other funding (new committee member has expertise in this area)
- £2k income per wk across 52 weeks

Whilst there are concerns over the finances, the club is in a stronger position than last year and without all of this years' developments would be in danger now. Lots of people had ideas but a key issue is that there aren't enough people to do everything. The club needs voluntary contributions but everyone is already at capacity.

9. BEGINNER GROUP

Rob has confirmed with EA that we are insured for under 18s (over 12 if have LiRF, any age if assistant Coach, they need to run with them). Would need to change Club Constitution to reflect this. Other requirements such as Club Mark and risk assessments etc. Useful information to know, not make a decision yet as to whether to lower age group.

ACTION: CHRIS E to draw up the new routes tomorrow.

ACTION: DONNA to contact Carly and Lindsay for volunteers

10. ANY OTHER BUSINESS

None.

ROUTES FOR NEXT FEW WEEKS: (N.B. TITLES ON 1 AND 2 PDFS NEED CHANGING)

Date	Local races?	Route	Beginner distance and volunteers
17 th June	Roundhay Park urban trail 10k	(avoid Roundhay) 1 Gipton and Gledhow woods	3 miles e.g. Gipton Woods, Gledhow woods, back Little Switzerland. Donna front Jodie Carly or Lindsay Lora bike back
24 th June		2 Roundhay Park and Shadwell	3.5 – drive to start at Roundhay Park so can get out to Shadwell. Rob front Jodie Carly or Lindsay Lora bike back (can't get bike through kissing gates!)
1 st July	Hyde Park Mile	Whoever comes to club (if they don't want to do Mile) can choose their route.	None – promote Mile. Remind need to register in advance so organisers can sort start times.
8 th July		5 start at Golden Acre	3.5
15 th July		4 Meanwood Valley	4
22 nd July		6 Roundhay Park	4
29 th July		7 start at Eccup	4.5
5 th Aug		3 start at Harewood	5
12 th Aug		1 Gipton and Gledhow woods	
19 th Aug		2 Roundhay Park and Shadwell	

Route	PDF File	Miles	Notes
1	Summer Route 1	5.3 / 7.5	Through Gipton and Gledhow woods
2	Summer Route 2	5.3 / 8.2	Through the Park and out to Shadwell.
3	Summer Route 3	6 / ? / ?	Round Harewood house - Starts away from Club
4	Summer Route 4	5.5 / 7.5	Meanwood Valley
5	Summer Route 5	5.6 / 7.8	Golden Acre Park - Starts away from Club
6	Summer Route 6	5.5 / 7.5	Looping round Roundhay Park
7	Summer Route 7	5.5 / 8.2	Eccup and Meanwood - Starts away from Club