

CHAPEL ALLERTON RUNNERS **COMMITTEE MEETING - MINUTES**



DATE OF THIS MEETING: 13th January 2020

DATE OF NEXT MEETING: 10th February 2020

PRESENT: Suzzi Garnett, Jen Whiteman, Mike Dearden, Sam Robins, Ben Robins, Laura Sedgley, Kath Owen, Paul Hough

APOLOGIES: Dan Price, David Allison, Denise McGeachy, Tiffany Grantham (All on EA Course)

<u>ITEM</u>	<u>NOTES/ACTIONS</u>
Club Championships for 2020 Season	All sorted, website updated and Sam-style-video to be shared on Socials this week. ACTION: Mike to check with Des that he is ok to support moving forward and there has been no confusion/misunderstanding NOTE: must try hard to advertise races when they go on sale to members due to fast selling or small race limits (like St Aidan's 10k is on sale now) NOTE: decide on members of working group in Feb meeting when all in attendance. ACTION: Ben to devise a 'mission statement' for this sub-group and send this around before for consideration, to save time at next meeting.
PECO XC 2019/20	RACE 3 (CRIMPLE VALLEY) Ben & Sam to do Tea/Coffee Suzzi to do Gazebo (will need help) RACE 4 (WEST PARK) Likely Suzzi on Gazebo (Ben can help) Dan/Jen to do Tea/Coffee RACE 5 (ROUNDHAY PARK) ACTION: Ben to reply to RR with questions before we ask our members for volunteers. Food @GSSC or Cricket Club? How many CAR Volunteers? What roles? Is there a briefing/recce? Then to email committee with proposal and do broadcast for members
Beginners' Course 2020	BR emailed last year's leaders for feedback and will make changes based on these comments NOTE: PH and LS to help support and organise this year. agreed to move 'graduation' to Roundhay PR. Agreed start date of 29/4 and graduation of 20/6 Discussion held around transition effectiveness ACTION: BR to make poster, book GSSC and contact Roundhay RE: takeover ACTION: BR to ensure Potty takeover on 1st Feb is full
Christmas Party (18 December)	Several options were presented by SR and discussed. The Committee concluded that a Hogroast at GSSC would be a good option to provide some variety on previous years, whilst avoiding a move to another location. This would also mitigate problems with seating that we have experienced in previous years. There are also comprehensive vegetarian options available. It was suggested that £20 per head should cover the costs. SR to book this option BR to create an event and publicise
Club Trip 2020	Discussed 2 options- both 11th October. Munich/Budapest. Munich has parkruns which is a positive and distances include 10k/half/mara/relay BUT Budapest likely to be cheaper ACTION: Paul to look at flight options and cost out there and send a proposal/comparison around to committee. We will vote on location and then share with members. NOTE: feedback from the survey was they want it to be cheap AND need as much notice as possible. School holidays was negligible both ways (positive and negative)

Membership Reneals 2020	SG doesn't have to start just yet. 193 members as of today which is a new PB! GSSC haven't supplied any more Cards and we owe them circa £300 for memberships which we will send after we get cards ACTION: SG to speak to Fraser re: card allocation
Stop Start Continue	JW went through this (email from 8th December) and collated thoughts on all of the comments from the committee. ACTION: JW to collate and send round again ahead off next meeting. ALL to read this and come with thoughts so we can then circulate to members as promised
Checklist for AGM & Awards	Those of us who had read Denise's list thinks it covers it all and will be helpful next year. Britta has offered to organise next year's AGM to help share responsibility. ACTION: All to add anything they think is missing, Denise to save in Google Drive
Committee Profiles	ACTION: PH and TG to bring hoodies to PECO and DP to take pictures
2020 Diary Events	ACTION: BH to book in PECO, Beginners, Feb Food Social and other events at GSSC
Regular Updates	JW reportd that finances are all good MD has made changes to coaching sessions on the back of the feedback to target sessions and scaling. ACTION: Mike to refresh LiRFs on best practice and etiquette just to remind people about common misconceptions/mistakes (i.e. back runner) Comments around a waterproof/high vis kit option came up again ACTION: SR and DM to discuss the options SG is going to make a tab on the website for Volunteering opportunities to help people keep involved in the club when they are injured etc. Also to incorporate opportunities of Parkrun Cup and Beginners. SR is going to make a discussion tab about marathon training and then advertise this once done. There is also a WhatsApp group that DM/KO are the admins of for anybody who wants to join.