

CHAPEL ALLERTON RUNNERS **COMMITTEE MEETING - MINUTES**



DATE OF THIS MEETING: 11th March 2019

DATE OF NEXT MEETING: 8th April 2019

PRESENT: Denise McGeachy, Kath Owen, Suzzi Garnett, Dan Price, Sam Robins, Ben Robins, David Allison, Mike Dearden

Apologies: Laura Sedgley, Jen Whiteman, Brian Harrold, Carly Terry

<u>ITEM</u>	<u>NOTES/ACTIONS</u>
COMMITTEE STRATEGY	It was noted that discussion regarding calendar would be postponed to next meeting in BH's absence <i>ACTION: BH to provide update on Committee event calendar at next meeting</i>
Q1 2019 FOCUS POINT – MEMBERSHIP RENEWALS	SG provided an update and the following timeline was agreed for membership renewals: - - First email inviting people to renew: weekend of 16/17 March - Membership renewals overdue email: 1st May 2019 - Members then have a final 2 week grace period to renew before they are removed from website, facebook etc (15th May 2019) <i>ACTION: DM to bring laptop to renewals social (20 March)</i>
Q1 2019 FOCUS POINT – BEGINNERS' COURSE	BR provided an update and the following was noted: - - Potternewton Parkrun to be targeted as a graduation event <i>ACTION: BR to contact Potternewton Parkrun to request CAR takeover event (22 June)</i> - Registration is required prior to the course starting so we can monitor and prepare for the anticipated numbers <i>ACTION: BR to create and distribute registration form</i>
Q4 2018 OUTSTANDING ITEM – CLUB TRIP 2019	CT provided the following update: - <u>Park Run Options</u> <i>ParkRun is in a number of countries now (Denmark, Germany, Poland to name a few!). If we go with a ParkRun option then the date can be really flexible so that it works for the majority of members. The ones that I would suggest:</i> • Paris (flights are very regular) • Poland (Cieszyn) – starts in Poland and crosses into Czech Republic so two countries for the price of one but I'm not sure how good the area will be for a club trip! • Germany – Munich or Berlin both look great for parkrun and the cities are easily accessible from the UK. <u>Specific Event Options</u> • Estonia – 8th September 10k, half, marathon • Palma – 13th October 10k, half, marathon (https://www.palmademallorca.com/english/race-info/schedule/) • Berlin – 13th October - 10k only but can double up with a parkrun..... (http://berlin-laefte.de/the-bridgestone-great-10k/en/homepage-2/) Palma was provisionally agreed as the preferred location, with a final decision to be made at the next Committee meeting after gaining feedback from members.
NOTES FROM REGULAR ITEMS	<u>Training and Coaching</u> DP, SR, BR & RS registered to take LiRF course on 16.03.19 It was agreed that Summer Weds routes would commence in April It was agreed that Monday interval sessions would return to the GSAL track in April