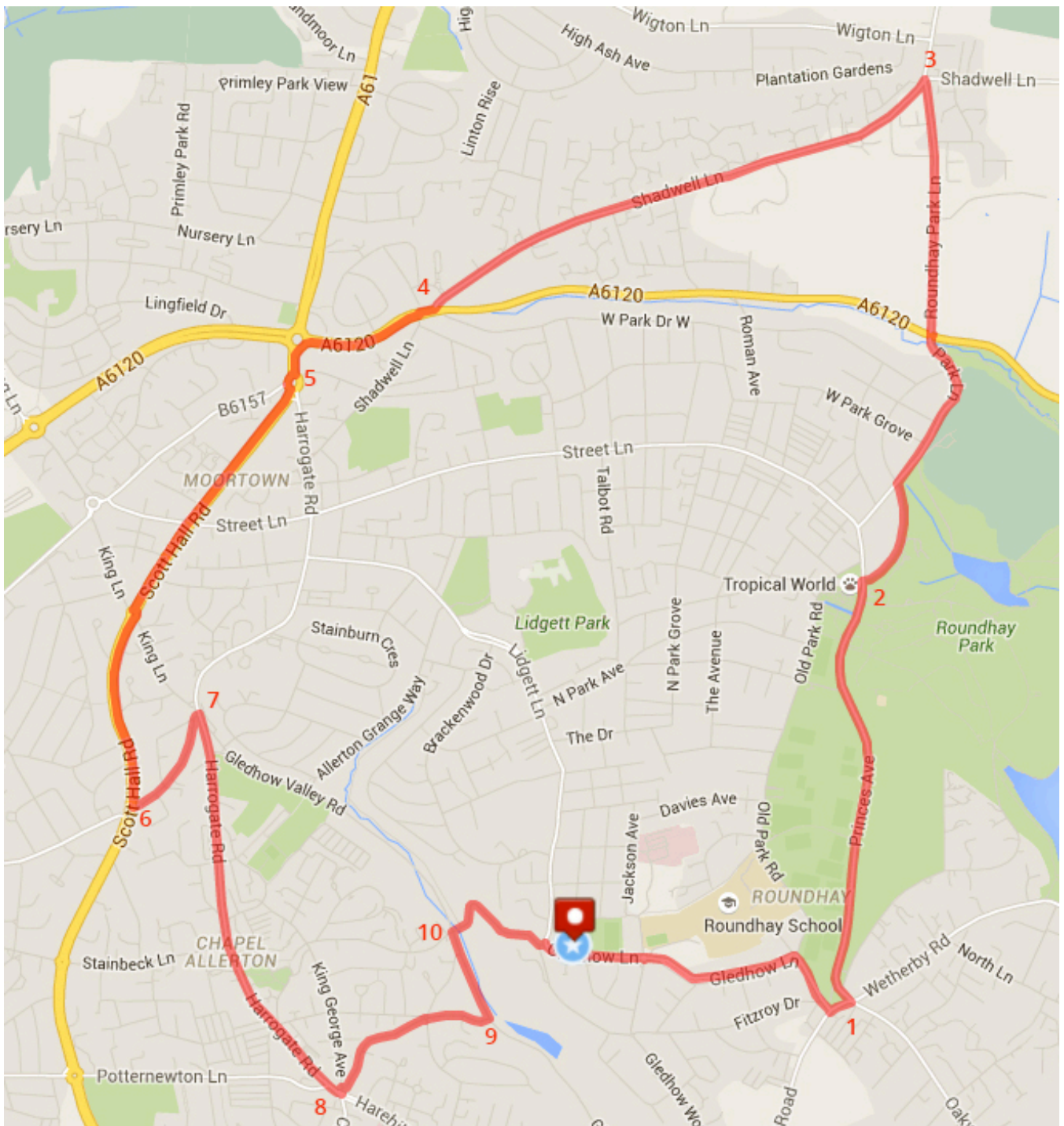




Winter route 7 – Medium, 7.8 miles



Turn left out of the club and head down Gledhow Lane to Oakwood clock. Turn left up Princes Avenue (1) and follow this up to Tropical world. Turn right down Park View Crescent (2) and then right again down Park Lane. Cross over the ring road and head up the hill to the top of Roundhay Park Lane. Turn left down Shadwell Lane (3) all the way to the Ring Road. Turn right along the Ring Road (4) then left at the roundabout (5). Head down Scott Hall Road and follow this down to Stainbeck Lane. Turn left at Stainbeck Lane (6) and then right onto Harrogate Road (7). Follow this down to Gledhow Park Drive turning left (8) and following down to Gledhow Valley Road. Turn left on Gledhow Valley Road (9) then right up Little Switzerland (10) to the club.