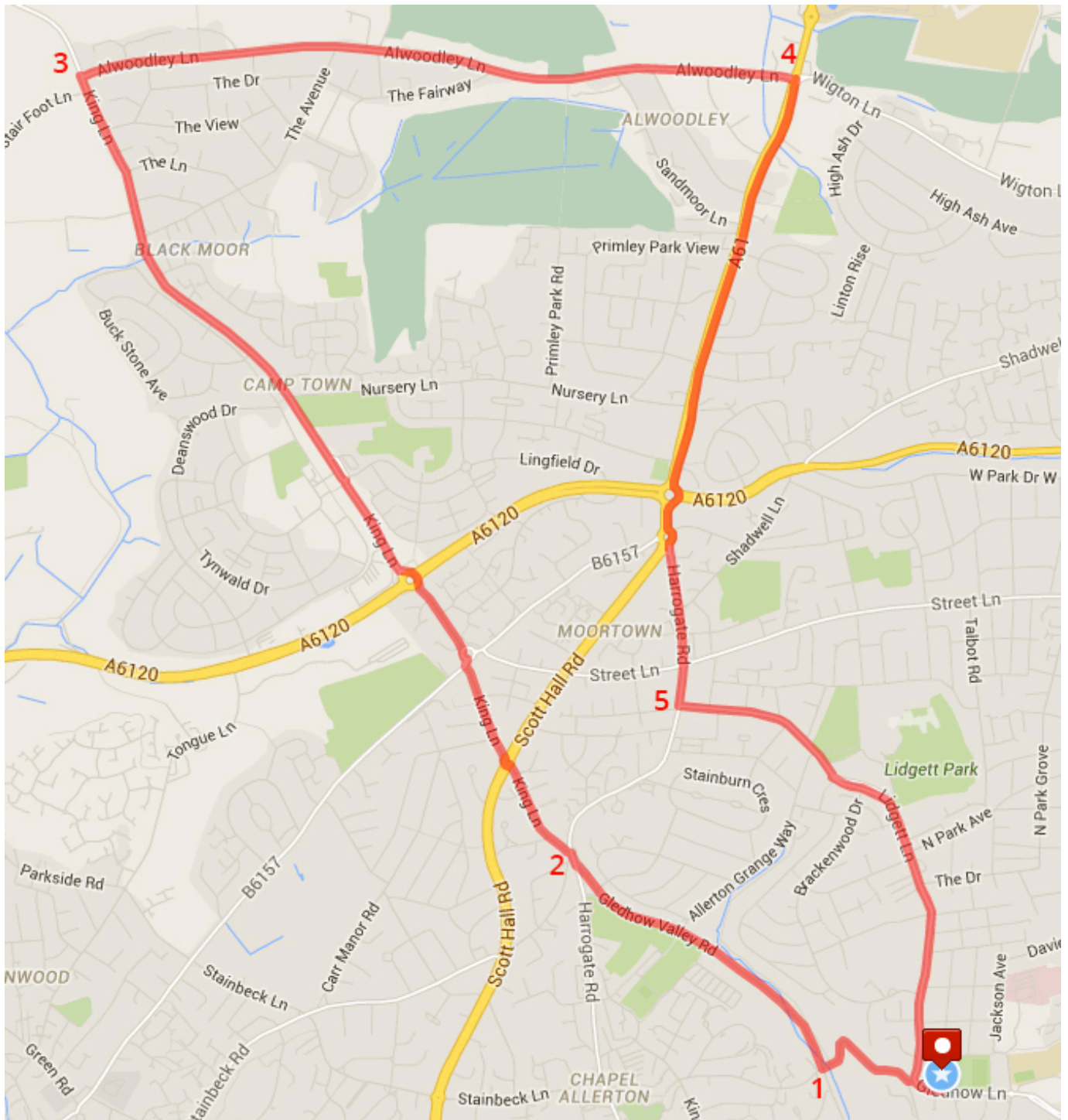




Winter route 4 – medium: 7.7 miles



Head out of the club and down little Switzerland. Turn right along Gledhow Valley Road (1), crossing Harrogate Road then heading up King Lane (2). Follow King Lane over the Ring Road and all the way up to Alwoodley Lane. Turn right along Alwoodley Lane (3) and follow this all the way to Harrogate Road. Turn right down Harrogate Road (4) and follow this over the Ring Road and down to Lidgett Lane. Turn left at Lidgett Lane (5) and follow this back to the club.