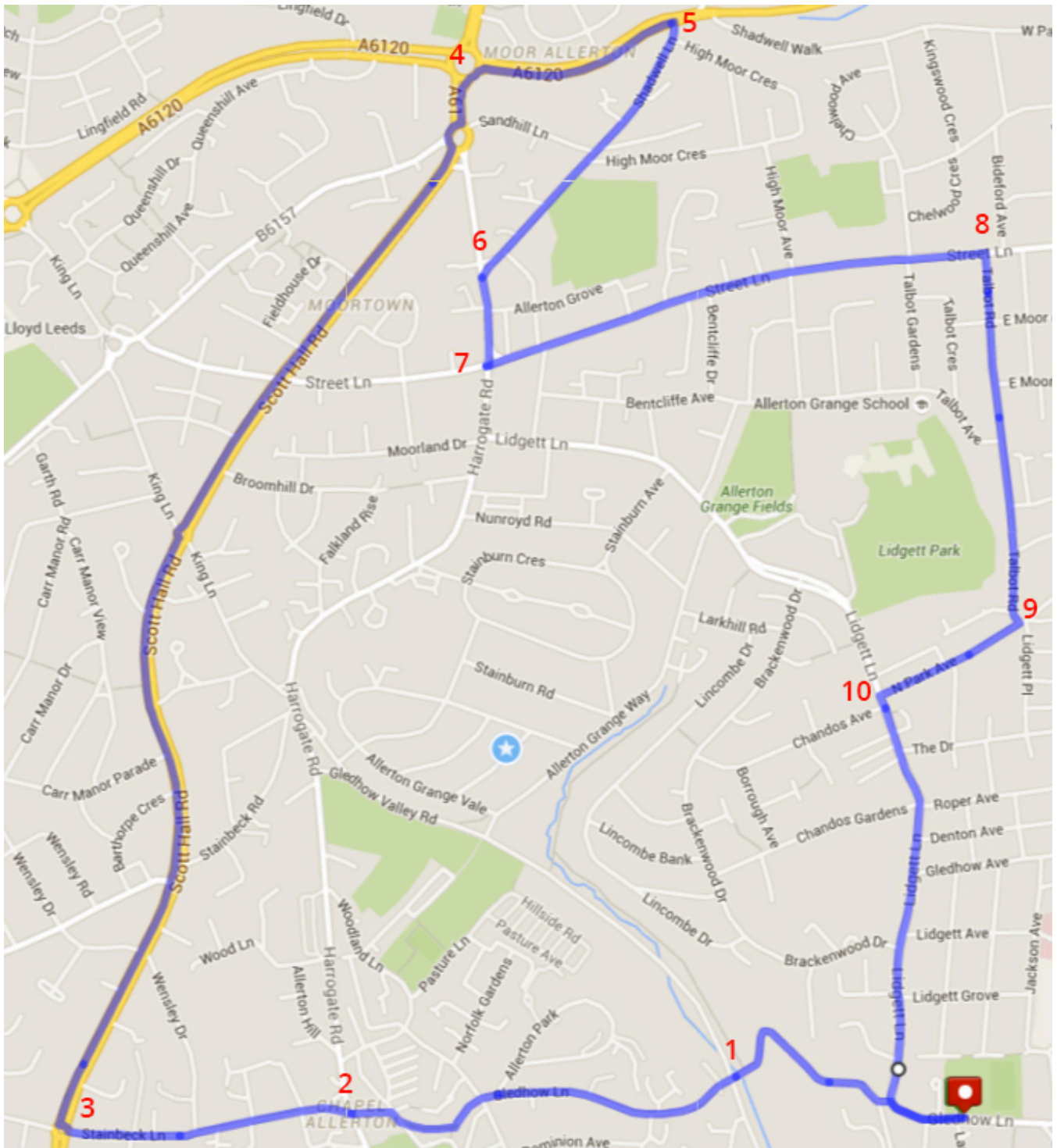




Winter route 1 – short, 5.5 miles



Turn right out of the club and head down little Switzerland. Continue over Gledhow Valley Road (1), up Gledhow Lane and through to Harrogate Road. Go straight over Harrogate Road (2) onto Stainbeck Lane, following it to the end and turning right onto Scott Hall Road (3). Run all the way to the Ring Road, turning right (4). Turn right down Shadwell Lane (5), left onto Harrogate Road (6) and left onto Street Lane (7). At Talbot Road turn right (8). At the end of the road turn right onto North Park Avenue (9). Turn left onto Lidgett Lane (10) and follow it back to the club.