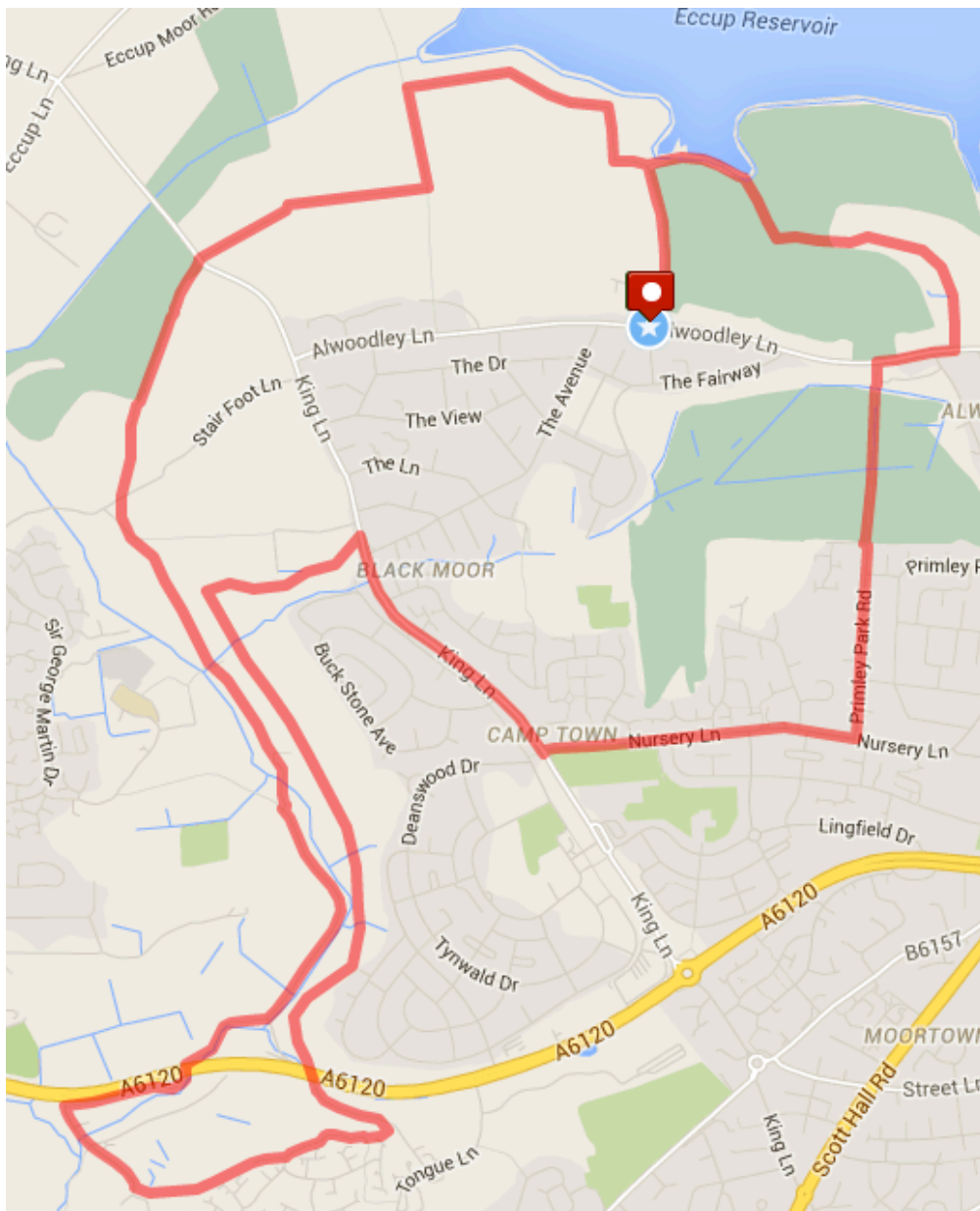




Head down Goodrick Lane turning left at the end. Follow the path to the style then turn left. Turn right over the style and follow the path over King Lane following this all the way to Stair Foot Lane. Cross over the road and then head straight on out of the car park and follow the path down and under the ring road. Turn left onto Parkside Road then left again at the first bend to follow the footpath. As the path splits turn left again following the path down and over the Ring Road. Follow the path through the woods all the way up to the rugby club. Turn right following the track towards King Lane. At the car park just before King Lane turn right, follow the path to the corner then continue parallel to King Lane. Turn left down Nursery Lane and then left again down Primley Park Road. Follow the path over the golf course to Alwoodley Lane. Cross the road, turn right then left to pick up the path over the golf course. Follow this to the reservoir, turning left at the end. Follow the path along the reservoir turning left at Goodrick Lane and head back to the start.

