

Summer route 6 – 5.4 miles



Head out of the top gate and follow the path to Soldier's Fields. Head directly over the fields and complete a loop around the field, heading past the block of flats and down past the kid playground, cutting through the car park and bearing right to follow the path clockwise around the lake. Once you reach the dam turn left up the steep path into the woods. Follow this path all the way to the quarry then turn left. Follow the path back to the lake, turning right and heading towards the castle. Once up the first set of steps turn left and follow the path through the woods. At the T junction turn right up the hill and then left at the top. Turn right again to follow the path through the woods then turn left just before reaching Park Lane. Follow this path towards the mansion then towards the Parkrun bandstand. Follow the road down to the car park then cut up hill 60. Go over Soldier's Fields then down the ginnel back to the club.

