

Summer route 3 – medium, 8.3 miles



Cross Harrogate Road and follow the trail down the hill to the gate. Go through the gate, cross the bridge and bear left then right up through the woods to the crossroads. Turn left then right following the path to the road. Turn right and follow the road turning left over a stile. At the second stile turn left and then follow the path all the way to the dam. Turn left then follow the road past the treatment works. Turn right and follow the path back to Emmerdale. Turn right and follow the trail back to the start.

